

Name - _____



Date _____

Indus International School, Pune

Grade – 5

Endocrine system – Fact file

I. Match the following

1. Endocrine system		It is the biggest gland and it produces insulin.
2. Pituitary gland		It's a chemical that helps us use our energy from the food we eat.
3. Thyroid		These glands make adrenaline, a powerful stuff only used in case of an emergency.
4. Adrenal glands		Regulates how fast our body uses calories from the food we eat. That's called metabolism
5. Pancreas		Are chemical substances that act like messenger molecules in our body. After being made in one part of the body, they travel to other parts of the body where they help control how cells and organs do their work.
6. Insulin		Produces growth hormone, which is what makes us grow big and tall.
7. Hormones		Delivers chemicals called hormones to various parts of our body and regulates the processes of our body and makes sure all the hormones get where they need to go, on schedule.