

Types of Menus

Name: _____ Date: _____

Instructions: Join the menus on the left to the correct description on the right.

A La Carte	a list of drinks
Du Jour	a series of menus that are repeated over a specific period of time
Static	menus that offers the same dishes every day
Cycle	a list of sweet dishes
Table d'hôte	dishes that are individually ordered and priced
Beverage	multi-course meals that are charged at a fixed price.
Dessert	daily dishes made depending on what's available or prepared by the chef

Instructions: Drag and drop the correct menu to the correct picture.

Cycle

Static

A La Carte



Bamboo Classics

Thigh Snack \$6.25
Breast Snack \$7.95

Jerk Chicken Snack \$10.95
Jerk Chicken (Only) \$8.95
Cracked Chicken Snack (SPICY OR REGULAR) \$7.95

Chicken Wing Snack \$7.50
Chicken Wings (Only) \$6.50
Fish Finger Snack \$9.75

OF COURSE WE HAVE THE BAMBOO SNACK FAVORITES!

Cracked Conch Snack \$12.95
Conch & Thigh Combo \$14.95
Conch & Breast Combo \$16.75
Cracked Lobster Snack \$14.95

Upgrade to Salads \$2.49

TAX NOT ADDED AT REGISTER



Twisted Lime

THE CAPRISE
12
A twist on the classic Caprese salad, featuring fresh mozzarella, tomatoes, and basil, served with a balsamic glaze.

STUFFED MUSHROOMS
18
A twist on the classic stuffed mushrooms, featuring a creamy mushroom filling, topped with a parmesan cheese sauce.

CAJUN RICE PILES
12
A twist on the classic Cajun rice piles, featuring a spicy Cajun sauce, topped with a parmesan cheese sauce.

SOUP
7
A twist on the classic soup, featuring a creamy mushroom filling, topped with a parmesan cheese sauce.

Week 1					
BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday
	1. Egg omelet 2. Mushrooms 3. Unflavored milk	1. WG Toast 2. Honeydew melon 3. Unflavored milk	1. WG English muffin 2. Mangoes 3. Unflavored milk	1. Lowfat string cheese 2. Fruit salad 3. Unflavored milk	1. WG Muffin 2. Kiwi 3. Unflavored milk
LUNCH/DINNER	1. Tuna 2. Green peas 3. Spaghetti 4. WG Egg noodles 5. Unflavored milk	1. Lowfat ricotta cheese 2. Roasted tomato 3. Mushrooms 4. WG Linguine noodles 5. Unflavored milk	1. Lowfat cheddar cheese 2. Bellini beans 3. Tuna 4. WG Tortilla 5. Unflavored milk	1. Hummus dip 2. Snap peas 3. Creamy spaghetti 4. WG Pita bread 5. Unflavored milk	1. Chickpeas 2. Cucumbers 3. Tomatoes 4. WG bulgur wheat 5. Unflavored milk
SNACK	1. WG Grapes 2. Lowfat cheese 3. Baked sweet potatoes 4. Apple slices	1. Banana slices 2. Peanut butter 3. WG bagel chips 4. Pineapple	1. Carrot sticks 2. Hummus 3. WG Toast 4. Smoothie	1. WG Cereal 2. Unflavored milk 3. Soy yogurt 4. Carrot sticks	1. WG Breadsticks 2. Tomato sauce 3. Lowfat string cheese 4. Peas
Week 2					
BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday
	1. WG Pancakes 2. Strawberries 3. Unflavored milk	1. Yogurt 2. Cherries 3. Unflavored milk	1. WG Zucchini bread 2. Raspberries 3. Unflavored milk	1. Scrambled eggs 2. Red peppers 3. Unflavored milk	1. Soy yogurt 2. Blueberries 3. Unflavored milk
LUNCH/DINNER	1. Eggs and ham 2. Spaghetti 3. Fruit salad 4. WG Toast 5. Unflavored milk	1. Lowfat cheese 2. Mixed vegetables 3. Tuna 4. WG Tortilla chips 5. Unflavored milk	1. Lentils 2. Carrots/onions 3. Applesauce 4. WG Barley 5. Unflavored milk	1. Lowfat cheese 2. Baked potato 3. Broccoli 4. WG Bread stick 5. Unflavored milk	1. Grilled chicken 2. Applesauce 3. Strawberries 4. WG Bread 5. Unflavored milk
SNACK	1. Peaches 2. Cottage cheese 3. WG Pudding 4. Cantaloupe	1. WG Soft pretzels 2. Nectarine slices 3. WG Blue cake (seasonal) 4. Lowfat cheese	1. Lowfat yogurt 2. Mixed berries 3. WG Mini bagel 4. Watermelon	1. WG Blueberry bread 2. Orange slices 3. WG Pancakes 4. WG Bananas 5. Smoothie	1. Snap peas 2. Hummus 3. Lowfat cheese 4. Mixed grapes



**KEEP
CALM
AND
GOOD
LUCK**