

Types of Menus

Name: _____ Date: _____

Instructions: Join the menus on the left to the correct description on the right.

A La Carte

a list of drinks

Du Jour

a series of menus that are repeated over a specific period of time

Static

menus that offers the same dishes every day

Cycle

a list of sweet dishes

Table d'hôte

dishes that are individually ordered and priced

Beverage

multi-course meals that are charged at a fixed price.

Dessert

daily dishes made depending on what's available or prepared by the chef

Instructions: Drag and drop the correct menu to the correct picture.

Cycle	Static	A La Carte
-------	--------	------------

<i>Bamboo Classics</i>		<small>RESTAURANT</small>	
Thigh Snack	\$6.25	Jerk Chicken Snack	\$ 10.95
		Jerk Chicken (Only)	\$ 8.95
Breast Snack	\$7.95	Cracked Chicken Snack (SPICY OR REGULAR)	\$ 7.95
		Chicken Wing Snack	\$ 7.50
		Chicken Wings (Only)	\$ 6.50
		Fish Finger Snack	\$ 9.75
OF COURSE WE HAVE THE BAMBOO SHACK FAVORITES!			
Cracked Conch Snack	\$12.95		
Conch & Thigh Combo	\$14.95		
Conch & Breast Combo	\$16.75		
Cracked Lobster Snack	\$14.95		
Upgrade to Salads	\$2.49		

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	1. Egg omelet 2. Wholewheat rolls 3. Unflavored milk	1. W/S Toast 2. Honeydew melon 3. Unflavored milk	1. W/S English muffin 2. Mangoes 3. Unflavored milk	1. Lowfat string cheese 2. Fresh fruit 3. Unflavored milk	1. WG Muffin 2. Kiel 3. Unflavored milk
LUNCH	1. Tuna 2. Green peas 3. Brown rice 4. W/S Egg noodles 5. Unflavored milk	1. Cucumber naan 2. Tomato sauce 3. Mushrooms 4. W/S Lasagna-noodles 5. Unflavored milk	1. Chicken fajita 2. Refried beans 3. Lettuce 4. W/S Tortilla 5. Unflavored milk	1. Hummus wrap 2. Snow peas 3. Chopped tomatoes 4. W/S Flatbread 5. Unflavored milk	1. Chickpea 2. Cucumber 3. Lettuce 4. WG tortilla wrap 5. Unflavored milk
SNACK	1. WG Crackers 2. Lowfat cheese 3. Applesauce 4. Baked sweet potatoes	1. Banana slices 2. Peanut butter 3. Carrot sticks 4. Hummus	1. WG Cereal 2. Unflavored milk	1. WG Cereal 2. Unflavored milk	1. WG Breadsticks 2. Tomato sauce

Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	1. Multi-grain cereal 2. Spinach 3. Unflavored milk	1. Yogurt 2. Cinnamon 3. Unflavored milk	1. 1/2 C Zucchini bread 2. 4 sprouts 3. Unflavored milk	1. Scrambled eggs 2. Hashbrowns 3. Unflavored milk	1. Step yogurt 2. Blueberries 3. Unflavored milk
	4. W/G Tomato 5. Unflavored milk	6. Lowfat cheese 7. Mixed vegetables 8. Tuna 9. W/G Tortilla chips 10. Unflavored milk	10. Lettuce 11. Carrot sticks 12. Applesauce 13. Apples 14. W/G Turkey 15. Unflavored milk	16. Lowfat cheese 17. Baked potato 18. Broccoli 19. W/G Beef 20. Unflavored milk	21. Grilled chicken 22. Applesauce 23. Strawberries 24. W/G Beef 25. Unflavored milk
	11. Fruits and veggies 12. Spinach 13. Fruity salad 14. W/G Tomato 15. Unflavored milk	16. Lowfat cheese 17. Mixed vegetables 18. Tuna 19. W/G Tortilla chips 20. Unflavored milk	21. Lettuce 22. Carrot sticks 23. Apples 24. W/G Turkey 25. Unflavored milk	26. Lowfat yogurt 27. Mixed berries 28. W/G Blueberry bread 29. Orange slices	30. Soap peas 31. Hummus
SNACK	1. Fruits 2. Cottage cheese	1. W/G Soft pretzels 2. Nantucket puffs	1. Lowfat yogurt 2. Mixed berries	1. W/G Blueberry bread 2. Orange slices	3. Soap peas 4. Hummus
	1. W/G Pretzels 2. Cereolaque	3. W/G Rice cake (sliced)	3. Lowfat cheese 4. Watermelon	3. W/G Pancakes 4. Skinned bananas	5. Soap peas 6. Hummus

