

## Unit 1: VOCABULARY ON HEALTH

### Exercise 1: Complete sentences using the correct form of the words in the box

1. My doctor said I have to stay in bed and gave me a ..... for some medicine.

prescription  
recipe

2. You must give me the ..... for that wonderful chocolate cake you made.

3. Many rock stars seem to end up in drug .....

remedy

4. Do you think a .....for cancer will ever be found?

cure

5. My grandma use an old-fashioned .....for her arthritis.

therapy

6. I lifted my shirt so the doctor could .....my chest.

examine

7. Police have begun to ..... the break-in at the hospital.

investigate

8. My mum's thinking of have an .....to have her nose straightened.

operation

9. Dr Key told the old man that he needed ..... on his leg.

surgery

10. My arm's really .....and I can't move it.

pain

11 Mind you don't .....yourself! Oh too late. Sorry.

sore

12. I had a really bad ..... in my foot so I decided to see a doctor.

hurt

### Exercise 2: Choose the correct word

1. Tim looks really pale and ..... I'm worried he might be ill. (**thin/ slim.**)

2. It's important to eat a .....diet with lots of vegetables. (**fit/ healthy**)

3. After picking the flowers, I noticed that I had a .....all over my hands. (**fever/ rash**)

4. When I broke a rib, I had to wear a ..... around my chest. (**bandage/ plaster**)

5. Make sure you wash your cut properly so that you don't get a/an.....

(**infection/ pollution.**)

6. Half an hour after taking the pill, I began to feel the ..... (**results/ effects.**)

7. The doctor walked along the....., chatting to all the patients she passed.

(**ward/ clinic**)

8. Two people have been slightly ..... in an accident on the M1. (**injured/ damaged**)

9. It's too good for children to get minor....., such as colds. (**diseases/ illnesses**)

10. The medicine bottle said the recommended ..... was two teaspoons twice a day.

(**dose/ fix**)

### Exercise 3: Complete the sentences by changing the form of the word in capitals when this is necessary

1. Most people seem to be ..... of the harmful effects of their diets. (**AWARE**)

2. I'm ..... to peanuts so I have to be very careful what I eat. (**ALLERGY**)

3. Jade's .....turned out to be much more serious than anyone imagined. (**ILL**)

4. Did you know Australia has the highest number of ..... species of snake?

**(POISON)**

5. After a couple of weeks, the plaster cast on my leg became really .....and I couldn't wait to take it off. **(COMFORT)**

6. I was really impressed by the ..... levels of all the athletes. **(FIT)**

7. Luckily, Ted's .....weren't serious. **(INJURE)**

8. Working out can really ..... your muscles. **(STRONG)**

**Exercise 4: Write a phrasal verb in the correct form to replace the words in bold. There is one extra phrasal verb.**

<i>put on</i>	<i>come round to</i>	<i>look after</i>	<i>get over</i>
<i>cut down</i>	<i>wear off</i>	<i>pull through</i>	<i>pass out</i>

1. Gill slowly .....after the operation. **(become conscious)**

2. My dad is trying to .....on smoking. **(do less)**

3. I think the medicine is beginning to ..... **(stop being effective)**

4. Bill decided that he needed to go on a diet after .....weight. **(gaining)**

5. It was so hot in the stadium that a number of people ..... **(become unconscious)**

6. I finally .....the cold that I had had all week. **(recover from)**

7. We thought we were going to lose our horse when he got ill, but he managed to..... **(survive)**

**Exercise 5: Complete by changing the form of the word in brackets**

1. You .....have more fun than me. **(certain)**

2. I think my parents are .....than others because they don't have to worry about childcare. **(lucky)**

3. My grandma has her own .....about things like hairstyles, appearance, and table manners. **(believe)**

4. He thinks that I ought to get a job in a state-owned .....after university. **(organize)**

5. They just give us advice, but they never try to impose their.....on us. **(decide)**

6. You must be so happy to have such a great .....with your parents! **(relate)**

7. George is very disorganized and not very .....**(business)**

8. She was fully aware of her own.....**(short)**

9. The first time I tried out my new bike I .....and fell off. **(balance)**

10. They .....the time of their arrival and missed the plane. **(judge)**