

Introduction to Food and Nutrition Worksheet

Instructions: Read each question carefully then provide the best answer on the space below.

1. What is food? (1pt)

2. Nutrition? (1pt)

3. Why is food and nutrition important? (2pts)

Instructions: Using the careers given, write the correct career path associated below. (1pt each)

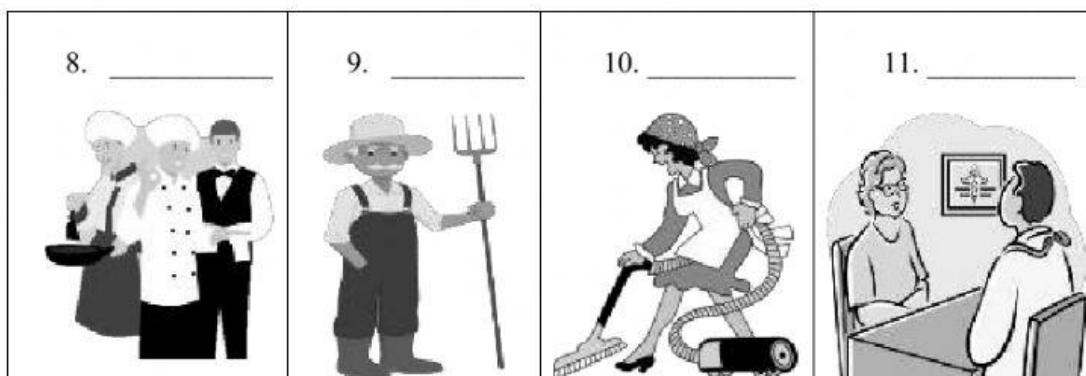
4. Baker, Pastry Chef, Butcher, Food and Beverage Manager _____

5. Vet, Farmer, Meat Inspector, Animal Nutritionist, Herdsman _____

6. Host, Marketing Manager, Buyer, Retail Owner Sales Agent _____

7. Hotel Manager, Event Planner, Restaurant Manager _____

Instructions: Identify the following career paths related to food and nutrition.



12. Explain three (3) personal skills needed in the food and nutrition industry. (3pts)