

Introduction to Food and Nutrition

Worksheet

Instructions: Read each question carefully then provide the best answer on the space below.

1. What is food?

2. Nutrition?

3. Why is food and nutrition important?

Instructions: Using the careers given, write the correct career path associated below.

4. Baker, Pastry Chef, Butcher, Food and Beverage Manager _____

5. Vet, Farmer, Meat Inspector, Animal Nutritionist, Herdsman _____

6. Host, Marketing Manager, Buyer, Retail Owner Sales Agent _____

7. Hotel Manager, Event Planner, Restaurant Manager _____

Instructions: Identify the following career paths related to food and nutrition.

