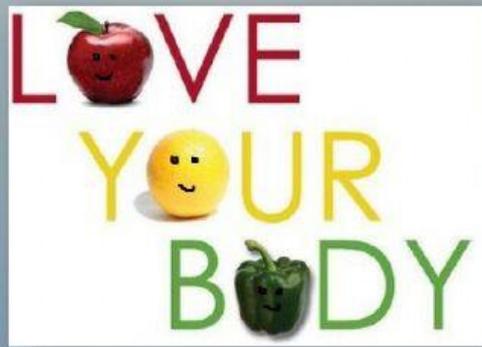


# Body Care



**MONDAY, 13<sup>TH</sup> SEPTEMBER 2021**

**8.00 – 9.00AM**

**ENGLISH YEAR 3**

Monday, 13<sup>th</sup> September 2021

## UNIT 2 – FOOD AND BODY CARE

Learning  
Objective

→ We are learning to fill in the correct word.

Steps to  
Success

- ✓ Read the slides about Body Care.
- ✓ Choose a suitable word to make a correct sentence.
- ✓ Check whether it makes sense.
- ✓ Fill in the blanks.



Keep your body clean, fit and healthy.



- Brush your teeth twice a day.
- Have a shower twice a day.
- Wash your hands before eating and after going to the toilet.



- Wear clean clothes every day.
- Do not eat food that is very old.
- Exercise or play sport for at least one hour every day.



- Rest and sleep well each day.
- Take good care of your eyes, ears and nose.

### Activity 1:

Type and rearrange the words to make a correct sentence.

body clean,

fit

Keep your

and healthy.

your teeth

a day.

twice

Brush

every day.

clean

Wear

clothes

Rest

each day.

and

sleep well

your eyes,

Take good

ears

care of

and nose.

## Activity 2:

Fill in the blanks with the correct word:

sleep	twice	old	Exercise	hands
clean	nose	after	shower	good

Keep your body clean, fit and healthy:

- ✓ Brush your teeth \_\_\_\_\_ a day.
- ✓ Have a \_\_\_\_\_ twice a day.
- ✓ Wash your \_\_\_\_\_ before eating and \_\_\_\_\_ going to the toilet.
- ✓ Wear \_\_\_\_\_ clothes every day.
- ✓ Do not eat food that is very \_\_\_\_\_.
- ✓ \_\_\_\_\_ or play sport for at least one hour every day.
- ✓ Rest and \_\_\_\_\_ well each day.
- ✓ Take \_\_\_\_\_ care of your eyes, ears and \_\_\_\_\_.

Thank you for attending class!  
Take care and stay safe.