

Let's Go Green!

¡Seamos ecológicos!

Activity 1: My Daily Routine

Actividad 1: Mi rutina diaria

LET'S OBSERVE!

¡OBSERVAMOS!

Order the actions.

Ordena las acciones.

6:00 o'clock

1.

B

7:00 o'clock

2.

8:00 o'clock

3.

9:00 o'clock

4.

1:00 o'clock

5.



have lunch



get up



have breakfast



attend online clases



take a shower

LET'S LISTEN AND READ!

¡ESCUCHEMOS Y LEEMOS!

Listen to and read Elena's daily routine.

Escuche y lea la rutina diaria de Elena.

Mi ecológico
rutina diariaMy eco-friendly,
daily routine

Hello! My name is Elena. I am 13 years old.
This is my eco-friendly, daily routine.



Let's go green!

1.



Usually, I get up at 6:00 o'clock in the morning.

2.



I take a shower in the morning. I use **plastic-free** shampoo.

3.



I brush my teeth. I use a **biodegradable** toothbrush.

4.



Then I get dressed. Usually, I wear **recycled** clothing.

5.



I have breakfast at 7:00 o'clock. I eat a **plant-based** breakfast. For example: an apple, cereals, an orange juice and an avocado sandwich.

6.



I attend my online-classes from 8:00am to 12:00pm. I **unplug** my laptop or mobile phone when I finish.

10.



I chat with my friends on the phone.

11.

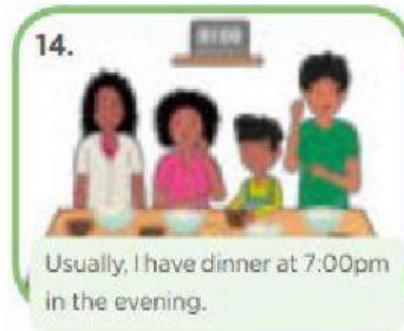
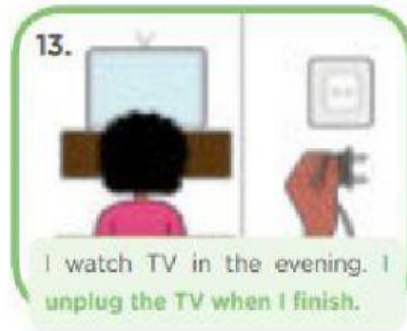


I do my homework in the afternoon.

12.



Generally, I water the garden in the afternoon. I use **recycled** water for the plants.



LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Match the pictures.

¡ENTENDEMOS!

ENTENDER-EJERCICIO 1

Relaciona las imágenes.

10.



1.



9.



2.



8.



3.



7.



4.



6.



5.



Example:

A. 1 I get up.

E. I brush my teeth.

I. I attend classes.

B. I take a shower.

F. I go to bed.

J. I wash the dishes.

C. I have dinner.

G. I have a breakfast.

D. I have lunch.

H. I get dressed.

UNDERSTAND-EXERCISE 2

ENTENDER-EJERCICIO 2

Complete the sentences about Elena's routine. Go back to the text if necessary.

Completa las frases sobre la rutina de Elena. Vuelve al texto si es necesario.

Example:

Eco-friendly, daily routine
Let's go green!



I use plastic-free shampoo.



1. I _____ recycled clothing.



2. I _____ my laptop when I finish.



3. I _____ recycled water for the plants.



4. I _____ a plant-based breakfast.



5. I _____ the TV when I finish.

Activity 2: What time?

Actividad 2: ¿A qué hora?

LEAD IN:

HACER ENTRAR A:

Match

ENTENDER-EJERCICIO 2

A. 	B. 	C. 	D.
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1. I have dinner at 7 **in the evening**.

3. I go to bed at 11 **at night**.

2. I have breakfast at 8 **in the morning**.

4. I have lunch at 2 **in the afternoon**.

LET'S PRACTISE!

¡PRACTIQUEMOS!

PRACTISE-EXERCISE 1

PRÁCTICA-EJERCICIO 1

Select the best answer or complete with your time.

What time do you get up?

Generally, I get up

a) at 10 in the evening.

b) at 7 in the morning.

c) _____

What time do you ride your bike?

Usually, I ride my bike

a) at 11 in the morning.

b) at 4 in the afternoon.

at 6 in the afternoon.

c) _____

What time do you ...?

¿A qué hora desayunas? Por lo general, desayuno

1. What time do you have breakfast? Usually, I have breakfast _____.

a) at 6 in the morning

b) at 6 in the evening

c) _____.

2. What time do you attend your online classes? I have online classes _____.

a) at 6 in the morning

b) at 2 in the afternoon

c) _____.

3. What time do you have lunch? Generally, I have lunch _____.

a) at 1 in afternoon

b) at 7 in the evening.

c) _____.

4. What time do you take a shower? I take a shower _____.
 a) at 6 in the morning b) at 6 in the afternoon. c) _____.
5. What time do you have dinner? Usually, I have dinner _____.
 a) at 8 in the morning b) at 8 at night c) _____.
6. What time do you watch TV? I watch TV _____.
 a) at 10 in the morning b) at 6 in the evening c) _____.
7. What time do you go to bed? Generally, I go to bed _____.
 a) at 10 in the morning b) at 10 at night. c) _____.

PRACTISE-EXERCISE 2

PRÁCTICA-EJERCICIO 2

LISTENING COMPREHENSION

COMPRENSIÓN AUDITIVA

A. Listen to an interview with Maya Penn and select the answer. You will hear the conversation twice.

Example: Name: Maya Penn.

1. From? a) The US b) Canada
 2. How old? a) 12 b) 20



I use plastic-free shampoo.

3. a) Yes b) No



I eat a plant-based breakfast.

4. a) Yes b) No



I ride my bike as my transportation.

5. a) Yes b) No



I wear recycled clothing.

6. a) Yes b) No



I use recycled water for the plants.

7. a) Yes b) No

B. Now, complete or select the answer about you.

Example: Name: You

1. From? _____
 2. How old? _____



I use plastic-free shampoo.

3. a) Yes b) No



I eat a plant-based breakfast.

4. a) Yes b) No



I ride my bike as my transportation.

5. a) Yes b) No



I wear recycled clothing.

6. a) Yes b) No



I use recycled water for the plants.

7. a) Yes b) No