

UNIT 4: VOCABULARY ON FOOD

NOTE: CÁC EM BẮM VÀO FILE NGHE ĐỂ ĐỌC LẠI TỪ VỰNG

MENU

WORLD CAFE

TODAY'S SPECIALS

APPETIZERS
 Potato soup Colombian style
 Fried squid with spicy tomato sauce

SALADS
 Mixed green salad
 Tomato onion salad

ENTRÉES
 Brazilian steak
 Grilled fish
 Roast chicken

DESSERTS
 Ice cream
 Apple pie
 German chocolate cake

BEVERAGES
 Coffee Tea Soft drinks Fruit juice Bottled water (still or sparkling)

CATEGORIES OF FOOD



VOCABULARY Categories of food



A Read and listen. Then listen again and repeat. Add another food to each category.

fruit	vegetables	meat	seafood
① apples ② bananas ③ grapes ④ oranges mangoes	⑤ carrots ⑥ peppers ⑦ broccoli ⑧ onions	⑨ chicken ⑩ lamb ⑪ sausage ⑫ beef	⑬ fish ⑭ clams ⑮ shrimp ⑯ crab ⑰ squid
grains	dairy products	oils	sweets
⑱ pasta ⑲ rice ⑳ noodles ㉑ bread	㉒ butter ㉓ cheese ㉔ milk ㉕ yogurt	㉖ corn oil ㉗ olive oil ㉘ coconut oil	㉙ candy ㉚ pie



BEFORE YOU LISTEN



▶ 2:29 VOCABULARY • Communicating with a waiter or waitress
Read and listen. Then listen again and repeat.



A ▶ 2:31 VOCABULARY • Adjectives to describe the healthfulness of food

Read and listen. Then listen again and repeat.

healthy is good for you

salty contains a lot of salt

unhealthy is bad for you

sweet contains a lot of sugar

fatty / high-fat contains a lot of oil

high-calorie can make you fat or overweight

low-fat doesn't contain a lot of oil

low-calorie is not going to make you fat