Name..... Class..... No. .....

Directions: Look at the picture and answer the question.

- healthy food
- enough sleep
- good hygiene
- daily exercise

You should get enough exercise	You should get enough sleep, or you will be unhappy	You should eat good food to be healthy

1. Eat good food every day, to keep doctors a way

2. Exercise can make you strong, It make you bright but don´t exercise too long.

3. Early to bed, early to rise. Make a man healthy, Wealthy and wise.

LIVEWORKSHEETS