READING ACTIVITY

1. **Look for the highlited words in a dictionary and add them to the vocabulary log section of your portfolio.**



FATHER & DAUGHTER

– *whose day is more* **stressful**?



Nico is a chef and has his own restaurant, the Blue Jar. He lives in Chile with his wife and her three children, aged 16, 12, and 9.

0630 I get up and make breakfast for the children. Then I have breakfast – a coffee and cereal – and I read the sports section of the paper.

0715 I go to the market to buy fruit and vegetables for the restaurant.

0845 When I get to the restaurant I check the reservations and my emails, and plan the special menu of the day. I have my second cup of coffee.

1030 I start cooking. The radio is on, and we are busy with breakfast orders, but we also have to prepare the food for lunch.

1200 I check the tables, and have my third coffee.

1330 Suddenly everyone arrives at the same time and the restaurant is full (on a good day). I start to shout instructions at the chefs and waiters. We make lunch for 85 people in about an hour and a half.

1445 I come into the restaurant and talk to the customers, and ask if they are happy with the food. I'm really hungry now.

1530 Finally I have lunch. I don't enjoy it very much because I don't have time to relax.

LIVEWORKSHEETS



1600 After lunch I go back to the kitchen and plan the food for the evening menu.
1730 I go home to be with the family for a couple of hours. The children do their homework and I make their dinner.
1930 I go back to the restaurant, which is full again, and I check everything is OK.
2200 I go home and have a shower. Then I collapse on the sofa with a sandwich and a glass of wine.
2300 I go to bed, ready to start again the next day.

LIVEWORKSHEETS

2. Read the text again and match the following questions to the correct answers.

1. What time does Nico get up?	a. They arrive at 1.30
2. What does he have for breakfast?	b. He asks if they are happy with the food
3. What two things does he check at the restaurant?	c. They have 85 customers
4. What time do all the customers arrive?	d. He has a coffee and cereal.
5. How many customers do they have in the restaurant at lunchtime?	e.He goes back to the kitchen and plans the food fo the evening menu
6. What does Nico ask the customers?	f. He goes home at 5.30
7. What does Nico do after lunch?	g. He goes back to the restaurant and checks everything is OK.
8. What time does he go home in the afternoon?	h. He gets up at 6:30.
9. What does Nico do at 7.30?	i. He goes home at 10 o´clock
10. What time does Nico go home?	j. He checks the reservations and his emails.

LIVEWORKSHEETS