

UNIT 1-SECTION 1- VIDEO: LONGEVITY LEADERS

1/Listen and type the correct words:

Lifestyle - shepherd - lifespan - longevity - Centenarian – processed - traditional



being at least 100 years old



subjected to a special treatment



consisting of or derived from a practice of long standing



a manner of living that reflects one's values and attitudes



someone who keeps sheep together in a flock



the period during which a person, animal, or object exists



the property of having lived for a considerable time

2/ Drag and drop words to the right places

A _____ is a person who herds flocks or groups of animals.

While tortoises are not known for their quickness, their _____ is amazing.

_____ Mexican food includes tortillas and beans.

Could you live off a diet of white bread and canned soup forever? You're a fan of _____ then — i.e., food that's undergone a special treatment or procedure to change it.

Someone's _____ is the total length of time they're alive, from birth to death.

processed food

longevity

shepherd

Traditional

lifespan