

WORKSHEET 1: Read the text and work with the TRUE or FALSE exercise.



My name's Daniel Rogers. I'm from the USA. I study at Yale University. I have got very healthy habits. I eat fruits, especially apples and strawberries. They are my favourite! Apples have got antioxidants and protect our body cells. They have also got natural sugars. They're perfect! I always have an apple for breakfast and five or six strawberries in the afternoon. I also drink orange juice. And I cook for my friends on Saturday, usually fish and salad or a veg quiche.

1. Daniel Rogers is American.
2. He works at Yale University.
3. He eats unhealthy food.
4. He eats fruits.
5. Apples protect our body cells.
6. He eats apples for lunch.
7. He drinks orange juice.
8. He orders pizza on Saturday.