

Name: _____ **Health & Equipments**

Vocab:

Match the following pictures with their names correctly.

 Name: _____	 Name: _____	 Name: _____
 Name: _____	 Name: _____	 Name: _____

- fitness tracker - oximeter -dumbbells
 -treadmill -calories tracker -electronic scale

Writing: What do you suggest? Read the following health problems and suggest them the correct device. Choose from the options above.

1. **Problem:** Allen wants to know how many steps he takes daily.

Advice: He / She should try _____.

2. **Problem:** Suzy wants to record down the food calories she takes daily.

Advice: He / She could use _____.

3. **Problem:** Pat wants to maintain a healthy BMI. So she must not overeat. She needs something to monitor her weight.

Advice: He / She could buy a _____.

4. **Problem:** Nazri and his friends are avid runners but they can't run outside during MCO.

Advice: We / They / He could buy a _____.

5. **Problem:** Mr. Samad's father has been diagnosed of Covid-19. His father is quarantined at home and he needs a device to monitor the oxygen level of his father.

Advice: He / She should get a _____ for his / her father.

6. **Problem:** Mdm Sonia likes to workout in gym but gyms are ordered to close due to MCO. She needs some equipment to exercise at home.

Advice: He / She could buy some _____ to train his / her muscles.