Our Eco-friendly Routine!

Extract two activities that are good for the environment and two that are bad for the environment from text.

Good for the environment		Bad for the environment	
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	

Complete the sentences about yourself with an adverb of frequency.

1. I _____ buy bottled water.
2. I _____ sort my garbage.
3. I _____ fix and reuse my old clothes.
4. I _____ use recyclable containers.
5. I _____ buy things in plastic bags

Averbs of frequency

Always / usually / sometimes / never

Write sentences about your family members. Use the activities from the box and adverbs of frequency and but.

Activity
fix her/his clothes.
take a recycled bag to the market
buy food in plastic containers
reuse plastic containers
donate her/his old clothes.
throw away the garbage.

Example: My mom always fixes her clothes, but my dad never does.

1. My_____ but my_____ does.
2. My _____, but my_____ does.
3. My _____, but my_____ does

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Complete the text with the correct connector.

and - but

I try to have an eco-friendly routine, _____ it's not always easy. I take my own bags to the market, _____ some products are already in plastic containers. I try to fix my old shirts _____ pants, _____ sometimes they are too old. It can be hard to develop new habits. However, we can make an effort. You can buy packaged food, _____ try to recycle the container. You can also cut up your old shirts _____ transform them into bags or cleaning cloths.

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