

1119/2 WRITING:PART 2 (Guided Writing)

Drag and drop the paragraphs into the correct order of **Introduction**, **Body** and **Conclusion**.

QUESTION:

Topic: Ways to Keep Healthy During An Examination

Your teacher has been discussing how students can keep healthy during the examination period. She has asked you to write an essay on this topic. In your essay, you should write

- ways to keep healthy
- reasons for your choice
- what to avoid

Write your essay in 125-150 words in an appropriate style using all the notes and giving reasons for your point of view.

Next, we should set aside some time for exercise. For example, we could go for a short jog or brisk walk around the park. If it is too time-consuming, we could just have a short workout at home.

Firstly, we should eat a balanced diet and stay hydrated. Drink at least six to eight glasses of water to prevent infections and keep organs functioning properly.

Staying healthy and fit during an examination is very important as students. There are many ways to keep healthy during this month-long and stressful period.

In conclusion, keeping healthy is crucial during an examination. After months of preparation, we do not want anything to affect our performance.

In addition, ensure that you have enough sleep. Avoid too many late nights or burning the midnight oil as this will increase your fatigue the next day while sitting for the examination.

INTRODUCTION	
BODY (Plan for at least 3 points with some elaborations)	
CONCLUSION	