Review

A Complete the conversations with words from the box.

| bad | exercise | healthy | junk food | lifestyle | shape | sleep | work out |

1. **A:** I'm in _____ shape.

   B: You could _____ at the gym after class.

2. **A:** Does he eat a lot of _____?

   B: No, he has a very _____ diet.

3. **A:** Is drinking a lot of water part of a healthy _____?

   B: Yes, of course! And you should drink water after you _____.

4. **A:** Mario and Yuna are in very good _____.

   B: Yes, they are. They ride their bikes to work every day.

5. **A:** Andrei stays up late watching TV most nights.

   B: He should get more _____.

B Complete the sentences with modals.

1. **Doctor to patient:** You ___ *have to* ___ stop smoking right now!

2. **Friend to friend:** You _____ drink water instead of soda.

3. **Mother to son:** You _____ eat all of your vegetables if you want dessert!

4. **Teacher to student:** You _____ study the new vocabulary. It's on the test!

5. **Friend to friend:** You _____ try to lose weight.

6. **Parent to child:** You _____ wear a helmet when you ride your bike.

7. **Grandchild to grandparent:** You _____ turn off your phone when you don't want to answer it.

8. **Personal trainer to client:** You _____ listen to music when you exercise.

C Circle the best word to complete each sentence.

1. The movie tells the *heartwarming* / *lifelong* story of a child's love for his pet dog.
2. Yasmin and Felipe go hiking *about* / *almost* twice a month.
3. *Homegrown* / *Homemade* bread tastes better than bread from the store.
4. They go to the movies *not much* / *around* once a month.
5. *Overworked* / *Stress-free* employees are usually unhappy with their jobs.
6. Miguel is my *homegrown* / *lifelong* friend.