

NAME : _____

CLASS : _____

SECTION D - CLOZE PASSAGE

PSR 2014

Questions 41-60.

Read the passage carefully. Then fill in each blank with one suitable word from the list below to complete the passage.

also	are	have	our	build
do	be	for	these	and
will	use	when	has	that
of	to	which	much	under



Do you like potato chips, crispy, crackers, ice cream, candy, fries and fizzy drinks? These 41. _____ all junk food. Junk food is a food that has very little nutritional value. They 42. _____ not contain vitamins or minerals that are good 43. _____ our body.

Junk food can 44. _____ very tasty so much many people like them. A little junk food probably will not harm you. You can 45. _____ junk food once in a while, perhaps once a week. But eating too 46. _____ junk food can be bad for your body. Junk food contains a lot 47. _____ fat, sugar and salt. Eating too much of 48. _____ is not good for us.

Sugar gives 49. _____ body energy. Other foods give us energy too but our body can 50. _____ the energy we get from sugar much easier and faster.

Fat 51. _____ give us energy. Food such as fries, fried chicken and burgers

52. _____ a lot of energy. Our body needs the energy that our food provides.

But 53. _____ we have more energy than we need our body 54. _____

keep the extra energy as fat 55. _____ our skin. If we keep eating foods

56. _____ contain a lot of fat 57. _____ sugar, then we will soon become overweight and unhealthy.

We need 58. _____ eat different kinds of food that gives us energy as well as vitamins and minerals that we need. Meat, fish, beans, eggs and milk contain protein. Protein helps to 59. _____ our muscles. Fruit and vegetables have vitamins 60. _____ we need to be healthy.

(10 marks)

TOTAL MARKS	
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