

Vocabulary

Connecting to Real Life

You will remember words better if you can apply them to your own life. When you learn a new word, try to use it in a sentence that applies to your life. For example, for the word **achieve**, think about what you can achieve: **I can achieve my goal of making a model plane.**

1 Watch the video. What goal is Max working on? ▶



✦ Watch again. What two techniques do the friends use to reach their goals?

Goal Adjectives

realistic

Goal Nouns

goal
list
plan
progress
step

Planning Verbs

achieve
carry out
check
improve
plan
reach
set

2 Complete the flow chart with the correct words.

carry out improve list plan progress reach realistic set



3 Choose a goal. Describe the steps you need to take to achieve it.