Adverbs of Frequency

always - 100%
usually - 80%
often - 60%

sometimes - 40%
hardly ever - 20%
never - 0%

Read the following sentences:

1. *Josh ALWAYS gets up at 7 o´clock.*
2. *He is NEVER late for school.*
3. *My parents don't USUALLY work on Saturdays.*
4. *Do you SOMETIMES take a nap on Sundays?*
5. *I NEVER go to school by bus.*
6. *Does he ALWAYS wear a suit?*
7. *He HARDLY EVERY goes to the cinema.*

Adverbs of frequency are used:

- before the main verb BUT after the verb "to be"
- between the auxiliary verb and main verb in negative sentences
- after the subject in interrogative sentences

SOMETIMES can be used in the beginning of a sentence!

Indicate in the sentences and insert the adverb of frequency in the correct place.

EX They ** play football on Sundays after lunch. (sometimes)

They sometimes play football on Sundays after lunch.

2. She is at home in the evening. (never)

_____

3. Do you go to the theatre? (often)

_____

4. We don't travel during the summer holidays. (usually)

_____

5. Henry goes to bed late. (hardly ever)

_____

6. Does the dog sleep in the afternoon? (sometimes)

_____

7. The children watch TV after school. (always)

_____

8. Billy and his brother have dinner with their family. (always)

_____

LIVEWORKSHEETS

Answer these questions about yourself. Use frequency adverbs

1. How often do you go swimming? I sometimes go swimming
2. How often do you watch TV? _____
3. How often do you go running? _____
4. How often do you read a book? _____
5. How often do you unplug your Tv? _____
6. How often do you listen to music? _____
7. How often do you sort the garbage? _____
8. How often do you eat packaged products? _____
9. How often do you brush your teeth? _____
10. How often do you use recycled water for plants? _____

Put the words in the correct order:

1. go / you / restaurant / often / a / do / how / to / ?

_____

2. late / is / she / sometimes

_____

3. you / out / how / in / do / evenings / often / go / the / ?

_____

4. get / I / early / on / never / Saturdays / up.

_____

5. at / o'clock / usually / breakfast / have / I / nine

_____

6. in / often / go / pool / I / the / morning / to / the

_____

7. listen / afternoon / I / music / to / the / in / sometimes

_____

8. in / television / I / evening / always / the / watch.

_____

9. do / ? / how / go / school / often / you / to.

_____

10. your / does / mother / to / gym / ? / usually / go / the.

_____

LIVEWORKSHEETS