

ENGLISH WORKSHEET

Names: _____ Date: _____

Unit 3 – What We Eat: Typical Dishes from Chile

O.A. Priorizados: 05 – 14

Instructions: Pay attention to the instructions and complete the tasks. Once you finish the Worksheet, send it to your Teacher's Email p.gonzalez@inmacsfdp.cl

1 Read the text below and complete the activities

Delicious food from Chile

In Chile you can find a lot of typical dishes with vegetables. One of them is *cazuela*, a stew (like a soup, but consisting of beef or chicken and vegetables) that you can eat at many restaurants. A *cazuela* includes the following ingredients: corn, potatoes, onions and carrots. This is a great way to eat many healthy vegetables!



Another typical dish from Chile is *chorrillana*. This is a very popular dish, especially in the Valparaíso Region. Its main ingredients include potatoes and beef. Other important elements are eggs, onions and sausages. The bad part? Chorrillana is not very healthy for you, so don't make eating it a habit.

2 According to the text, answer if the following statements are true (T) or false (F).

- a. _____ You can only eat cazuela in one restaurant.
- b. _____ Cazuela always has rice as an ingredient.
- c. _____ Cazuela can have beef or chicken.
- d. _____ Chorrillana is very popular in Punta Arenas.
- e. _____ One of the ingredients of chorrillana is fish.

3 Read the descriptions of the ingredients of these recipes and write them in the space.

- a. _____ : You need this yellow grain for cazuela.
- b. _____ : This type of meat is only included in chorrillana.
- c. _____ : This orange vegetable is in cazuela.
- d. _____ : This is not a vegetable. It is added in the two recipes.
- e. _____ : This ingredient is produced by chickens.
- f. _____ : This brown vegetable is healthy in one food and unhealthy in the other dish.

4 Which dish do you prefer to eat: cazuela or chorrillana? Why?

I prefer to eat _____ because _____.

5 Think about a typical dish from your country and make a list of the main ingredients below.

Example: *Pastel de Choclo*

Ingredients: corn, onions, meat, chicken, eggs and olives.



Write your ideas here:

Dish:
Ingredients: