

Read the following poem and do the assignments.

Each Moment Is Precious by Pat A. Fleming

Live in the moment,
Just take it all in.
Pay attention to everything,
Right there and right then.

Don't let your mind wander
To what's coming next.
Cherish this moment
And give it your best.

Don't let tomorrow
Make you rush through today,
Or too many great moments
Will just go to waste.

And the person you're with,
In that moment you share,
Give them all of your focus;
Be totally there.

Laugh till it hurts,
Let the tears drop.
Fill up each moment
With all that you've got.

Don't miss the details;
The lesson is there.
Don't get complacent;
Stay sharp and aware.

It can take but a moment
To change your life's path.
And once it ticks by,
There is no going back.

In just 60 seconds,
You may make a new friend.
Find your true love,
Or see a life start or end.

You become who you are
In those moments you live.
And the growth's not in taking
But in how much you give.

Life is just moments,
So precious and few.
Whether valued or squandered,
It's all up to you.

A. Interpretation: What is the message of the poem? What is the writer trying to tell us?

B. Vocabulary: Match the following words with its definitions:

Wander	having an edge or point that is able to cut or pierce something
Cherish	make the spontaneous sounds and movements of the face and body that are the instinctive expressions of amusement
Rush	a way or small passage on the ground walked by human or animal feet
Laugh	waste something in a careless and foolish manner
Hurt	to move around without a definite purpose or plan; roam
Sharp	the process of increasing in physical size or emotional and spiritual evolution
Aware	to (cause to) move with great or too much speed
Path	cause physical or psychological pain or injury to
Growth	protect and care for (someone or something) lovingly
Squandered	having knowledge or perception of a situation or fact

C. Rhyme: Find the words which rhyme in the poem.

Example: in and then, next and best.

*Never forget how valuable you are for me
Natural Authentic Talented Angelic Loving Yncredible*