

# Feelings

Match the adjectives in the box below to the feelings in the movie *Inside Out*.  
Then underline the right adjective in the sentences.



afraid ● alarmed ● annoyed ● bitter ● blue ● cheerful ● cross ● delighted  
depressed ● eager ● envious ● ecstatic ● frightened ● furious ● glad ● gloomy  
grumpy ● homesick ● irritated ● miserable ● nasty ● scary ● sick ● upset ● worried

Joy



Disgust



Fear



Anger



Sad




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- Mary was a **nasty** / **cheerful** / **gloomy** person who started rumours about all kinds of people.
- I'm **irritated** / **eager** / **upset** to show you my new laptop. I love it. It's amazing!
- Mum was so **delighted** / **homesick** / **cross** with me when she saw that my room was really untidy.
- Karl is always **envious** / **afraid** / **grumpy** in the morning. He doesn't like talking to anybody.
- Rainy days make many people feel **blue** / **furious** / **scary**.
- I have felt **alarmed** / **cross** / **homesick** since she moved out. I miss my friends and my old house.
- Erin felt **ecstatic** / **gloomy** / **frightened** when she split up with her boyfriend.
- I'm really **worried** / **miserable** / **cheerful** about my exams results. The last one was so hard!
- My friend is **depressed** / **envious** / **eager** of my success. She always wants to be the best!
- Tom was absolutely **upset** / **delighted** / **worried** with my birthday present. He smiled and thanked.
- Ann felt **delighted** / **annoyed** / **sick** when she heard her brother shouting while she was studying.
- The little boy feels **depressed** / **grumpy** / **glad** because his dog has just died.
- This morning my boss was **ecstatic** / **frightened** / **irritated** when I arrived late again.
- Dishonest people make me feel **blue** / **sick** / **gloomy**.
- People in Paris are really **bitter** / **alarmed** / **glad** with the terrorist attacks.
- She was **ecstatic** / **gloomy** / **grumpy** to learn that she was soon to be a grandmother. Great news!
- Erin felt **scary** / **miserable** / **afraid** after she lied to her friend. She is really sorry now.
- Fiona is a **bitter** / **cheerful** / **homesick** old neighbour of mine. She can't stand children.