



## Good Eating Habits (Say Good/Bad)



- Always wash hands before and after meals.
- We should talk while eating.
- We should eat fruits and vegetables every day.
- Do not wash fruits and vegetables before eating.
- We should eat always eat fresh food.

We should not chew food properly.

Never buy food from the road vendors.

We should always waste food.

WATCHING TV WHILE  
EATING



**LIVEWORKSHEETS**