COMMON COLD

Are you sneezing and coughing? Do you have a headache? Is your nose running? Is your throat sore? If so, you might have a common cold.

A cold is caused by an infection in the nose. Some colds last for two days, and others last for two weeks. Adults get between two and three colds each year. Children get between six and ten colds each year!

How do you keep from getting a cold? Wash your hands often. Cold germs can live on doorknobs and other subjects. If a sick person opens a door, and then you open a door, you may get a cold. If you touch your nose or eyes, wash your hands right away. If you blow your nose, wash your hands again. This will help to keep colds far away from you!

Choose the best answer

1. If you have a cold, you might get ____.

A. a broken bone B. a sore throat C. a doorknob D. spots

2. A cold is caused by an infection in the ____.

A. throat B. ear C. nose D. hands

3. How can you keep from getting a cold?

A. blow your nose C. touch doorknobs

B. sneeze D. wash your hands

4. The word cold means ____

A. chilly B. frozen C. illness D. cool

Write the words you hear (all words appear in the reading text)

5.
6.
7.
8.
9.
10.

LIVEWORKSHEETS

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