

5.6 Listening and Writing

 Click here to listen

3 Listen and complete the notes.

- 1 **Steve Roberts:** basketball *coach*
- 2 **Practise:**  times a week
- 3 **Good snack before game:** some 
- 4 **In a match:** players have to think and move 
- 5 **Before a match:** do a warm-up to get your  ready
- 6 **To win:** you have to stay 