

Unit 2: HEALTH

: Listen and choose the best option to complete the sentence.

1. **What are doctors in Britain worried about?**
 A. health of teenagers B. health of the older
 C. health of children D. health of the doctors themselves
2. **What do teenagers not eat much?**
 A. chips B. crisps C. fast food D. vegetable
3. **Why do teenagers not eat good food?**
 A. they do not like it B. it is expensive
 C. it is unhealthy D. it is dirty
4. **Where did fast food originate?**
 A. England B. Australia C. America D. Vietnam
5. **What is not one of the fast food brands?**
 A. McDonald's B. Pizza Hut C. Tom and Jerry D. Burger King
6. **What is not a type of fast food?**
 A. hamburgers B. apples C. fries D. sandwiches
7. **Why is fast food unhealthy?**
 A. it does not contain salt and fat
 B. it is made dirtily
 C. it does not contain vitamins and minerals
 D. it has too much vitamins and minerals
8. **Why do teenagers need a good diet?**
 A. to live healthily B. to live longer
 C. to live better D. all of the above are correct

: Listen and decide if each statement is true or false or not given.

No.	Statements	T	F	NG
1.	Sheila is a student.	☐	☐	☐
2.	Sheila takes a bath after school.	☐	☐	☐
3.	Sheila has vegetables and meat for lunch.	☐	☐	☐
4.	Sheila does not like juice, but she likes mineral water.	☐	☐	☐
5.	Sheila plays tennis In the afternoon.	☐	☐	☐
6.	Sheila does not do any sport activities.	☐	☐	☐
7.	Sheila eats many fruits.	☐	☐	☐
8.	Sheila usually goes to bed after 11 p.m.	☐	☐	☐