

PRACTICE WORKSHEET 2

I. Find the word which has a different sound in the underlined part.

1. A. coordinate	B. triathlon	C. <u>allergy</u>	D. calorie
2. A. leaf	B. life	C. knife	D. of
3. A. monopoly	B. melody	C. compound	D. concentrate
4. A. paragraph	B. cough	C. although	D. enough
5. A. vegetarian	B. depression	C. <u>essential</u>	D. attention

II. Find the odd one out A, B, C or D.

1. A. sunshine	B. sunburn	C. cough	D. flu
2. A. headache	B. sore throat	C. cough	D. weak
3. A. sore	B. fit	C. sick	D. tired
4. A. earache	B. unhealthy	C. sunburn	D. toothache
5. A. relax	B. work	C. sleep	D. rest

III. Choose the best one (A, B, C or D) to complete the sentence or replace the underlined word.

1. In order to have good_____, you should eat lightly and laugh cheerfully.
A. spirit B. body C. health D. mood
2. Do you believe that eating_____carrots helps you see at night?
A. most B. the most C. much more D. less
3. We should try to keep everything around us clean and then flu will find it.....to spread.
A. difficultly B. difficulties C. difficult D. difficulty
4. My father does morning_____every day.
A. running B. well C. exercise D. weak

5. We should play sports or do exercise in order to stay in__.

A. fit B. health C. look D. shape

6. Don't eat that type of fish: you may have a/an__.

A. energy B. allergy C. sick D. sore

7. Do you want to know how you can__ healthy?

A. make B. have C. stay D. create

8. When you have a temperature, you should drink more water and rest__.

A. least B. less C. most D. more

9. I forgot to wear a sun hat today and I got a__.

A. backache B. headache C. stomachache D. earache

10. He plays computer games and watches TV a lot so his eyes are often__.

A. light B. faint C. dry D. weak

11. Watching too much television is not good__your eyes.

A. at B. for C. with D. to

12. When you have flu, you may have a cough and a__nose.

A. following B. noisy C. runny D. runing

13. He eats a lot of burger and chips so he's putting on__.

A. weigh B. weightless C. weight D. weighting

14. You can avoid some diseases by__ yourself clean.

A. looking B. bringing C. keeping D. taking

IV. Fill in the blank with a suitable word in the box.

allergy	toothache	suffer	worse
tired	bad	flu	sick

1. Some people have a very__habit in littering in public.

2. People who live in a dusty area often _____ on diseases.

3. Julia has a headache, and she feels _____.

4. I have an _____, so I choose food and drink very carefully.

5. You should spend less time playing computer games, or your eyes will be _____.

6. Tom feels _____, but he doesn't go to bed early.

7. Trung eats too many sweets so he has _____.

8. In prevent _____, we should keep our hands clean, our feet warm.

V. The word at the end of each of the following sentences can be used to form a word that fits suitably in the blank.

1. Is she _____ enough to run one kilometer? GOOD

2. "Ow! Be careful with that coffee." - "Look, now I have a BURNING _____ on my arm"

3. Rob has a _____ of 39.5°C TEMPERATE

4. Don't eat so quickly. You'll get a _____. TEETH

5. I have a _____ in my back. I'm going to lie down. PAINFUL

6. That's a bad _____. Why don't you have a glass COUGHING of water?

7. "I have _____. " - "Why don't you telephone the doctor?" STOMACH

8. I feel _____. Quick, I must get to the bathroom! SICKNESS

9. My arm _____ after the table tennis match. HURT

10. "I have a _____. " - "That's because you watch HEAD too much TV."

VI. Read the following passage and choose the best option for each numbered blank.

Do you want to be fitter and healthier? Would you like to look younger? Do you want to feel (1) _____ relaxed? Then try a few days at a health farm. Health farms are becoming (2)

_____ of the most popular places (3) a short break. I went to Henley Manor for a weekend. It's (4) _____ largest health farm in the country but it isn't the most expensive. After two days of exercise and massage I (5) ten times better. But the best thing for me was the food. It was all very healthy of (6), but it was expensive too!

If you're looking for something a (7) _____ cheaper, try a winter break. Winter is the darkest and the coldest (8) _____ of the year, and it can also be the (9) _____ time for your body. We all eat too (10) _____ and we don't take enough exercise. A lot of health farms offer lower prices from Monday to Friday from November to March.

1. A. like	B. more	C. less	D. Similar
2. A. once	B. first	C. one	D. none
3. A. with	B. of	C. to	D. for
4. A. the	B. an	C. a	D. x
5. A. feel	B. felt	C. fell	D. fall
6. A. all	B. out	C. course	D. them
7. A. little	B. few	C. a little	D. a few
8. A. period	B. moment	C. time	D. part
9. A. worst	B. good	C. best	D. great
10. A. many	B. a lot	C. lot of	D. much