

GRADE 8 - UNIT 1. LEISURE ACTIVITIES

I. Complete the sentences with the words in the box.

relaxing texting playing games doing DIY hanging out
reading window shopping making crafts making origami surfing the net

1. I really enjoy _____ comic books when I have no work to do.
2. He enjoyed sitting in his armchair, _____ and reading the newspaper.
3. She was always on her phone talking and _____.
4. Internet addicts spend too much time _____.
5. _____ has become very popular with teenagers, especially online games.
6. Helen fancies _____ with her friends at weekends.
7. He's useless at _____. He won't even put up a shelf.
8. Trang is fond of _____. She made lots of beautiful bead bracelets and necklaces.
9. _____ is many girls' favourite pastime. They take pleasure in looking at the goods displayed in shop windows.
10. My sister is very good at _____. She can fold paper into animals, birds, flowers, etc.

II. Write the correct "netlingo" abbreviation according to its meaning.

WF B4N S2U WBU T2UL EZ THX J4F FYI LOL NUFF DYLI GR8 BTW OMG 2nite

- | | | | |
|----------------------|-------|-------------------------|-------|
| 1. easy | _____ | 2. What about you? | _____ |
| 3. Same to you | _____ | 4. Bye for now | _____ |
| 5. Talk to you later | _____ | 6. tonight | _____ |
| 7. By the way | _____ | 8. for your information | _____ |
| 9. enough | _____ | 10. Do you love it? | _____ |
| 11. Oh my God | _____ | 12. Great | _____ |
| 13. just for fun | _____ | 14. Thanks | _____ |
| 15. way fun | | 16. Laughing Out Loud | |

III. Complete the sentences with the words in the box.

leisure virtual satisfied weird addicted hooked relaxing fun

1. It is very _____ to lie on the beach, and listen to the sound of the waves.
2. That's _____ - I thought I'd left my keys on the table but they're not there.
3. Many teens are _____ on social networks like Facebook, Twitter and Instagram.
4. The website allows you to take a _____ tour of the art gallery.
5. He was not _____ with the camera, so he took it back to the store.
6. Bird-watching is an increasingly popular _____ activity.
7. Hanging out with friends is _____. I really enjoy it.
8. Are you _____ to Facebook, Twitter, Tumblr, or Instagram?

IV. Complete the sentences with the correct form (to-infinitive or -ing form) of the verbs in the box. Some verbs can be followed by either a to-infinitive or an -ing form.

stay make watch do cycle eat hang out travel get read

1. My brother loves _____ live football on TV.
2. Do people in your country like _____ abroad on vacation?
3. Riding a bike is Lan's pleasure, but she detests _____ in the rain.
4. I don't mind _____ at home to look after the children.
5. As a child, he hated _____ books, but now he finds it enjoyable.
6. Minh is in good shape. He enjoys _____ sport and exercise.
7. She doesn't like _____ up early in the morning, especially at the weekend.
8. Emily dislikes _____ crafts, but she enjoys origami.
9. I fancy _____ out tonight because I'm too tired to cook.
10. Nancy adores _____ with her best friend Helen.

V. Complete the passage with the words from the box.

therefore in short although secondly then thirdly in addition firstly

The number of people running has decreased (1)_____. Running provides many benefits for health. The following advantages will help you decide if you want to try.

(2)_____, running helps to improve physical body. For instance, it builds a good condition of lungs, promotes bone health, reduces stress levels. (3)_____, running reduces blood pressure while improves blood flow.

(4)_____, it is a good choice for weight loss. A medium level of running can result in weight loss.

(5)_____, running is a low cost activity. You only need a quality pair of athletic shoes. You can run outdoors, in your neighbourhood or at local parks. (6)_____, you can meet your exercise goals without going to a gym centre.

(7)_____, it's worth running whether in every morning or in any free time. You don't need a big start, but 15 minutes each day. (8)_____ add 5 minutes every week until it reaches 60 minutes. You will never see the fantastic outcome if you don't give it a try.