

Reading activity

1) Read the following blog about how to protect yourself from illnesses and then, complete the table below



Hello! My name is doctor Smith and I will tell you what to do and you don't have to do when you have the following health problems...



When you have fever, you have to drink water and to put on cold cloths in your head. But you don't have to take hot showers or drink hot tea.



When you have a bruise, you have to puy on a bandage and have some rest. You don't have to move and put on cream.



When you have a cough, you have to drink lemon tea with honey and wear a scarf. On the opposite, you do not have to drink cold water and you don't have to eat spicy food.

When you have a cold, you have to wear warm clothes, like scarfs and jackets and you have to have some rest. On the contrary, you do not have to go to the snow or visit cold places.



When you have a cold,

You have to

1)

2)

You don't have to

1)

2)

When you have fever,

You have to

1)

2)

You don't have to

1)

2)

When you have a cough,

You have to

1)

2)

You don't have to

1)

2)

When you have a bruise,

You have to

1)

2)

You don't have to

1)

2)