

E7- UNIT 2- TEST 2 A

I. Find the word which has a different sound in the part underlined.

1. A. knife B. of C. leaf D. life
2. A. although B. enough C. paragraph D. cough
3. A. junk B. sun C. put D. adult
4. A. headache B. architect C. chemical D. children
5. A. aerobics B. calories C. cycling D. doctor

II. Choose the correct answer.

1. You can avoid some diseases by _____ yourself clean.
A. keeping B. taking C. looking D. bringing
2. The Japanese eat a lot of fish instead of meat _____ they stay more healthy.
A. but B. because C. although D. so
3. Rob eats a lot of fast food and he _____ on a lot of weight.
A. takes B. puts C. spends D. brings
4. We need to spend less time _____ computer games.
A. play B. to play C. playing D. to playing
5. Do more exercise _____ eat more fruit and vegetables.
A. but B. or C. and D. so
6. After working on computers for long hours, you should _____ your eyes and relax.
A. sleep B. sleep in C. wake D. rest
7. Watching too much television is not good _____ you or your eyes.
A. with B. to C. at D. for
8. When you have flu, you may have a cough and a _____ nose.
A. runny B. running C. flowing D. noisy
9. When you have a temperature, you should drink more water and rest _____.
A. most B. more C. most D. less
10. I forgot to wear a sun hat today and I got a _____.
A. stomachache B. earache C. backache D. headache
11. We should play sports or do exercise in order to stay in _____.
A. look B. shape C. fit D. health
12. Don't eat that type of fish: you may have a/an _____.
A. sick B. sore C. energy D. allergy
13. Do you believe that eating _____ carrots helps you see at night?
A. much more B. less C. most D. the most

14. We should try to keep everything around US clean and then flu will find it _____ to spread.

- A. difficult B. difficulty C. difficultly D. difficulties

15. Be careful with _____ you eat and drink.

- A. what B. that C. who D. this

16. Eating a lot of junk food may lead to your _____.

- A. obesity B. fitness C. pain D. stomachache

17. We should follow the advice from doctors and health _____ in order to keep fit.

- A. people B. workers C. managers D. experts

18. Have a healthy _____ and you can enjoy your life.

- A. lives B. lifestyle C. lifeline D. lively

19. The health _____ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.

- A. tip B. tips C. advices D. ideas

20. The seafood I ate this morning makes me feel _____ all over.

- A. running B. well C. itchy D. weak

III. Fill in each blank the correct health problem from the box according to the description.

earache flu toothache backache
headache sore throat cough stomachache

1. _____ : a pain caused by something being wrong with one of your teeth.
2. _____ : a pain in your back.
3. _____ : a very severe pain that you feel in your head.
4. _____ : pain in your stomach.
5. _____ : a pain in the inside part of your ear.
6. _____ : a problem which is like a very bad cold, but which causes a temperature.
7. _____ : a pain in your throat.
8. _____ : a health problem that you make a lot of loud sounds.

IV. Look at the advice for a healthy lifestyle, and complete the sentences using *more or less*.

1. Eat _____ sweet food.
2. Get _____ exercise.
3. Drink _____ coffee.
4. Eat _____ fast food.
5. Eat _____ fruit and vegetables.
6. Drink _____ water.
7. Smoke _____ and give it up.
8. Relax _____.
9. Worry _____ about things
10. Spend _____ time on computer games