

NAME: CLASS:

PULSE 2 - UNIT 9: TAKE CARE



TRY THIS EXERCISE

RETYPE THE SENTENCES INTO THE
BLANK SPACES

Part 1
[20 marks]

You should spend about 25 minutes in this part.

Read the message from your friend, Aaimi.

Hi,
I'm thinking of starting a new hobby.
I could do cooking, cycling or painting- or maybe something else?
What should I do? Let me know what you think!

Aaimi

In about 80 words, write a message to Aaimi giving some advice.

Hi Aaimi,

Greet

State
your
advice

+
reasons
+

one
negative
alternati
ves

Closure

Best wishes,

INTRODUCTION

- I hope you are fine. I have received your message regarding starting a new hobby.
- How are you? I read your message yesterday and gave it a serious thought.
- How is life sailing? I put on my thinking cap about your new hobby.
- I received your message yesterday, asking me about starting a new hobby.

FIRST STEP – STATE YOUR ADVICE. CHOOSE ONE – COOKING @ CYCLING @ PAINTING.

- I think _____ is easier for you / I suggest you choose _____.
- You are better at _____ compared to the other choices.
- Why don't you go for _____?

COMBINE ANY THREE REASONS FOR COOKING

- You can cook dishes for your family, friends or teachers.
- Cooking is very useful in life so it is the best hobby.
- If you learn to cook, you can always make your favourite dishes.
- If you know how to cook, you can always make yourself some food.
- It is also cheaper to cook at home. You do not have to go out and eat the café and restaurants all the time.
- Furthermore, it comes in handy when you are living alone in college.

COMBINE ANY TWO REASONS FOR CYCLING

- You told me that you have put on some weight. You said you weigh 75kg and all your clothes are too tight.
- Take up cycling as it can help you burn calories and build up muscles.
- Didn't you just get a bicycle for your birthday? Why don't you make good use of it and cycle around your neighbourhood?
- Riding a bicycle is not a hard activity and you can do it anywhere. Plus, you can keep yourself fit too.

COMBINE ANY TWO REASONS FOR PAINTING

- Painting provides stress relief. This is great for you as you are sitting for exam this year.
- It strengthens memory too. It boosts memory recollection skills and works to sharpen the mind. This is certainly helpful to memorise facts and formulas in Chemistry or Maths.
- Painting can improve concentration, develop critical thinking skills and enhance fine motor skills.
- When you encounter challenges or stumbling blocks in life, you can escape in painting and draw your energy into painting

NEGATIVE ALTERNATIVES – CHOOSE ONE

- I think cycling is expensive because you need to buy a bicycle. You also have to spend money to buy brushes and paint.
- Mind you, cooking needs proper utensils and ingredients –that costs money.

CLOSURE – CHOOSE ANY TWO.

Wishing you all the best / Do let me know about your choice/ I always look forward to hearing from you/ I need to pen off now/Hopefully you will agree with my choice.