

LET'S BALANCE

This activity is based on the vocabulary found in the video

<https://family.gonoodle.com/activities/dancing-bear>

1. Match the verbs to the correct picture.

	lay twist place / put fold face forward turn one foot out jump pull expand quiet your mind	
		
		
		
		

2. Drag and drop



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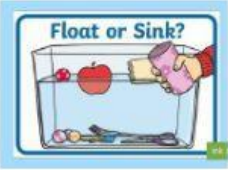
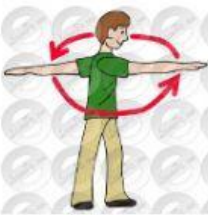
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stretch push bend your knees breathe in/out float
 put/place stand lift arms up face backward balance

3. Write the missing letters to write the verbs correctly.

j _ _ p	f _ _ d	t _ _ n one foot _ _ t	b _ l _ _ ce
p _ _ l	pu _ _	b _ _ _ the in/out	stre _ _ _
t _ _ _ t	face for _ _ _ d	face ba _ _ ward	lift arms _ _

4. Unscramble (=put the letters in order) the verbs.

			
fatlo	andexp	aplec / tpu	etqui your mind
			
sndta	debn your eknes	aly	setctrh
			
dofl	nurt out	hebrtea	tistw