Name_____

**Activity**

1 Look at the photos (A–C). What's the sport in each photo? What are the people doing?







## Read on

2 Read the article below quickly. What is unusual about sports lessons at Larbert High School?

**exam** tip: **multiple-choice cloze**

Think about words that go together. For example: *play/teach/watch football* (but not *make football*).

3 e Read the exam tip. Read the article again and choose the correct answer (A, B or C) for each gap.

| | | | |
|---|---|---|---|
| 1 | **A** make | **B** go | **C** do |
| 2 | **A** course | **B** study | **C** subject |
| 3 | **A** lose | **B** complete | **C** miss |
| 4 | **A** other | **B** empty | **C** free |
| 5 | **A** busy | **B** full | **C** fast |
| 6 | **A** only | **B** own | **C** one |




# SPORTS LESSONS THAT ARE NOT JUST ABOUT PLAYING SPORT

At Larbert High School, sport is not just something students [1]_____, it's something they can teach. As well as learning to play sports, students can learn other skills such as coaching. After they finish the coaching [2]_____, students can help teach sports such as swimming to primary school children. There are also courses in refereeing and sports journalism. Students who [3]_____ the refereeing course can referee youth games. They can even make a bit of money doing it in their [4]_____ time. There is also a sports journalism team. The skills the students learn from sports journalism also help them at school with their maths, English and DT. The sports reporters are [5]_____ because there are thirty clubs for twenty different sports. The school even has its [6]_____ mountain-biking track. Is this the future of all sports lessons at school?



LIVEWORKSHEETS

**4** Read the article below. Does Paddy enjoy being a tennis coach? _____

**5** Read the article again and answer the questions.

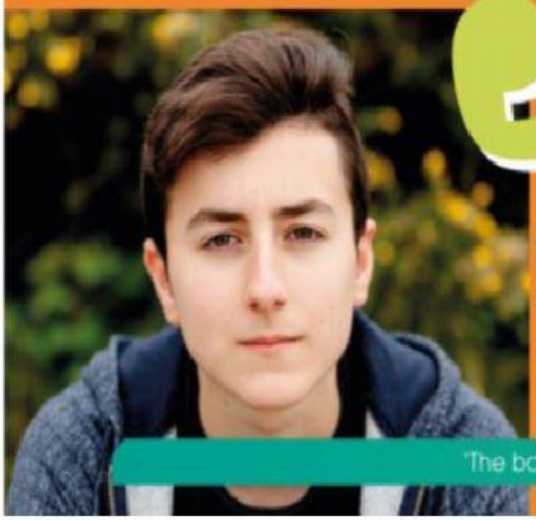
1 What do some of the children find difficult at the beginning of their classes? _____
2 What does Paddy find hard about coaching sometimes? _____
3 Why does Paddy never teach alone? _____
4 How does Paddy think he's got better as a coach? _____
5 How does Paddy feel about the things the children ask him? _____

**6** Find words or phrases in the article that have these meanings.

1 get better (*v*)
2 the thing you use to hit a tennis ball (*n*)
3 a fully-grown person (*n*)
4 easy to understand (*adj*)
5 the thing you like the most (*adj*)



# Meet Paddy, the teen tennis coach



Hi, my name's Paddy and I'm a tennis coach. I teach children from the age of five. When they start, most children can't hit the ball at all – it goes everywhere! Some of the children I'm teaching at the moment couldn't hold a racket properly when they started. It's great to see them improve. I find coaching quite easy, but big groups of kids can be difficult to control. Luckily, I always work with an adult – I can't teach on my own yet because of my age. I think I'm a better coach now than I was a year ago. I could explain things well, but at first the children didn't listen to me because I talked too much! Now they can understand me better because my instructions are clearer and simpler. The funny thing about the little kids I teach is that they ask loads of questions! They want to know all about me: 'What's your favourite food?' 'Can you play the guitar?' Sometimes they ask too many questions!

'The ball's in your court' means 'it's your decision now'.



LIVEWORKSHEETS