

# Caring for Our Body

Fill in the blanks with the word in box

comb	brush	exercise
rest and sleep	bathe	

1. We \_\_\_\_\_ our teeth to be clean



2.  We \_\_\_\_\_ so we have energy to work

3. We \_\_\_\_\_ to be healthy and strong.



4.  We \_\_\_\_\_ our hair to be neat.



5. We \_\_\_\_\_ to keep our body clean.

Our meals

Fill in the blanks.

lunch	breakfast	three	dinner
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6



We eat \_\_\_\_\_ in the morning.



7



We eat \_\_\_\_\_ in the afternoon.



8



We eat \_\_\_\_\_ in the evening.

9. We must eat \_\_\_\_\_ meals every day.