

STAYING HEALTHY – EXERCISE

A. Fill in the correct words.

fit	healthy	exercise
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1. We must do _____ to make our body _____ and _____.

B. Name each exercise below.

Jumping jack	Playing football	Cycling	Skipping rope
Dancing	Playing badminton	Running	

1.



2.



3.



4.



5.



6.



7.

