

Delicious Food

Fill in the blanks.

Healthy Porridge



You need:

 brown rice	 mushrooms
 onions	 carrots
 salt	

1 Boil water.



2 Add rice.



3 Add vegetables.



4 Add salt.



5 Stir.



What are the ingredients that you need to cook a healthy porridge?

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | |

What are the steps that you need to do?

- | |
|----------|
| 1. _____ |
| 2. _____ |
| 3. _____ |
| 4. _____ |
| 5. _____ |