

Part 1: Video 0:00 - 1:17



Answer the following questions based on the video

1. What is the name of the building ? What does it look like?

2. What is the problem?

Part 2: Video: 1:17- 2:45 Tokyo's retro capsule tower.

3. When was it built?



Choose the 4 historical elements that made the perfect setting to create this type of building.

4. What was the economical context in which it was built?

- ☐ In the 1970's, Japan was experiencing economic growth (1945-1991).
- ☐ The USA and China were ahead in their architecture and Japan wanted to catch up.
- ☐ By the 1970's less than 30% of the population was living in rural areas.

- ☐ Other cities in Japan were building similar buildings.
- ☐ The economy depended on these architectural innovations.
- ☐ People were mainly migrating to Tokyo.
- ☐ Wealthy people wanted the city to be more modern.
- ☐ Affordable living space became incredibly illusive.

5. What is metabolism architecture?

6. Organize the order in which these “metabolist” buildings were made and match the year when they were made

Yamanashi Press & Broadcast center		1972
Nakagin capsule tower		1967
Shizuoka press and Broadcast center		1966



Pause the video: Do you think this is a good idea? What are some of the possible problems this idea can have? (discuss with your classmates)



Watch the rest of the video:
What were some of the problems that affected the building’s maintenance (/meɪnt(ə)nəns/)?



Now let's take a tour around one of the capsules! What do you think? At the time, this was the latest technology!