

UNIT 2 - CARING FOR YOUR BODY

Caring for your teeth

1. Teeth are very _____ to us.
2. Teeth help to break down food so that it can be digested by the _____ system.
3. Teeth also help you to *speak clearly*.

Types of teeth

1. The main function of the teeth is to help you break down food into smaller pieces.
2. There are _____ main types of teeth.
3. The different kinds of teeth help you to break down food in different ways.

A) Incisors

- These teeth are at the _____ of your mouth.
- These teeth are used to _____ and _____ food.

B) Canine

- These are the teeth at _____ (both) side of your incisors.
- These cone-shaped, _____ teeth are used to _____ and tear food.

C) Premolars

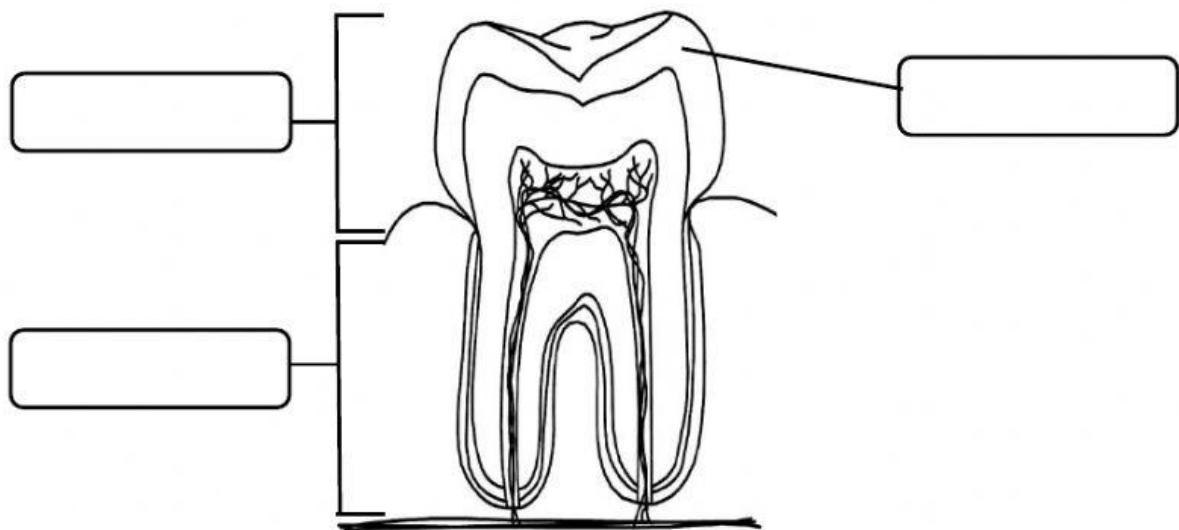
- These teeth have a _____, flat surface.
- They are used to _____ and _____ food.

D) Molars

- These teeth have a _____, flat surface.
- They are used to _____ and _____ food.

Parts of a tooth

1. Although we have different kinds of teeth, all teeth have the *same* basic parts.
2. The bottom of a tooth is called the _____.
3. The root holds the tooth in the _____.
4. The top of the tooth is called the _____. This is the part of the tooth that we can see.



5. Teeth are surrounded by a hard substance called enamel.
6. The enamel helps your teeth to _____ and _____ food without breaking.

Tooth decay

1. The teeth that you had when you were a baby is called milk teeth.
2. Milk teeth are replaced by _____ teeth.

3. It is very important to take care of your permanent teeth.



4. If a permanent tooth is damaged and needs to be removed, it *will not be replaced*.

5. Tooth decay is caused by germs(bacteria) in your mouth.



6. The germs feed on the foods that are stuck in between the teeth.

7. As the germs feed, they produce acid that can form holes in the _____ of your teeth.

Strong and healthy teeth

