

## ENGLISH LANGUAGE YEAR 4

### UNIT 5 : EATING RIGHT

#### Exercise A

Group the food by dragging the word onto the correct boxes.

|        |        |        |         |        |          |
|--------|--------|--------|---------|--------|----------|
| orange | carrot | beef   | milk    | turkey | yoghurt  |
| prawn  | fish   | cheese | beans   | pasta  | guava    |
| banana | bread  | cereal | chicken | crab   | broccoli |

| Meat | Seafood | Dairy product | Vegetable | Fruit | Grain |
|------|---------|---------------|-----------|-------|-------|
| 1    | 4       | 7             | 10        | 13    | 16    |
| 2    | 5       | 8             | 11        | 14    | 17    |
| 3    | 6       | 9             | 12        | 15    | 18    |

#### Exercise B

Some of the habits below are healthy while some are unhealthy.  
Group them into the correct boxes.

|                    |                    |                         |
|--------------------|--------------------|-------------------------|
| not skipping meals | eat junk food      | sleep eight hours a day |
| drink little water | exercise regularly | eat less vegetable      |

| Healthy Habit | Unhealthy Habit |
|---------------|-----------------|
| 1             | 4               |
| 2             | 5               |
| 3             | 6               |