

ENGLISH LANGUAGE YEAR 4

UNIT 5 : EATING RIGHT

Exercise A

Group the food by dragging the word onto the correct boxes.

orange

carrot

beef

milk

turkey

yoghurt

prawn

fish

cheese

beans

pasta

guava

banana

bread

cereal

chicken

crab

broccoli

Meat	Seafood	Dairy product	Vegetable	Fruit	Grain
1	4	7	10	13	16
2	5	8	11	14	17
3	6	9	12	15	18

Exercise B

Some of the habits below are healthy while some are unhealthy.

Group them into the correct boxes.

not skipping meals

eat junk food

sleep eight hours a day

drink little water

exercise regularly

eat less vegetable

Healthy Habit	Unhealthy Habit
1	4
2	5
3	6