



Unit 5: Food & Health

COUNTABLE & UNCOUNTABLE NOUNS

EXERCISE 1: CHOOSE THE CORRECT ANSWERS.

My breakfast , lunch and dinner

BY JESSICA PERRY



I always get up early and have breakfast at 7.30. I usually have some cold milk, and 1) _____ egg with 2) _____ brown bread, and a bowl of yoghurt.

At school, I have lunch with my friend at 12.30. I usually have 3) _____ juice, 4) _____ enormous sandwich, 5) _____ crisps and 6) _____ healthy snack like 7) _____ apple, 8) _____ pear or 9) _____ grapes. I never have 10) _____ nuts because I can't eat them.

At home, dinner is usually at 6.30. We have a lot of different things. For example, we often have 11) _____ meat with rice and vegetables. On Fridays we always have 12) _____ big pizza each. That's my favourite day! I always drink 13) _____ water with every meal. We never have 14) _____ fizzy drinks at home.



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EXERCISE 2: COMPLETE THE SENTENCES WITH THE WORDS GIVEN IN THE BOX.

a lot

**how many
many**

**how much
much**

1. _____ apples do you eat every week?
2. I don't usually eat _____ fruit for breakfast.
3. _____ food is there in your lunchbox?
4. Richard has got _____ of sandwiches.
5. There aren't _____ chips with this meal.