## Growing and Changing

1. Arrange the pictures in the right order to show human growth from the beginning. Label each stage of growth.



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2. For each stage of life, humans have different abilities. Label each stages with their abilities.

| Baby | Toddler |
|---|---|
| | |
| **Child** | **Teenager** |
| | |
| **Adult** | **Elderly** |
| | |

| | |
|---|---|
| • Learning lots of skills.<br>• Baby teeth falling out.<br>• Feet and body growing.<br>• Getting bigger, stronger and smarter. | • Not as strong as they were.<br>• Joints and muscles might ache.<br>• Grey or white hair.<br>• Soft skin and wrinkles. |
| • Likes to try things on their own.<br>• Eats a lot as they are growing very fast.<br>• Might be moody or have spots.<br>• New hormones to help them grow and change. | • Fully grown.<br>• Can take care of themselves.<br>• Might start a family of their own.<br>• Need to exercise and eat well. |
| • Born helpless.<br>• Can only drink milk.<br>• Must be kept clean and warm.<br>• Likes to be cuddled and held. | • Starting to walk and talk.<br>• Wobbly on their feet.<br>• Starting to try different food.<br>• Needs lots of love and care. |

3. What do grown-ups need to do to take care of a baby? Give 2 answers.

(a) .....

(b) .....

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4. How do grown-ups take care of toddlers? Give 2 answers.

   (a) .....

   (b) .....

5. What changes are happening to a growing child? Give 2 answers.

   (a) .....

   (b) .....

6. How can you tell someone is already a teenager?

   .....

7. How are elderly people different from young adults?

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