

Work and Leisure

TV Documentary: *The Work Obsession*

A. Check if the information applies to Robin Cohen, Chad Emrick, or both.

	Robin Cohen	Chad Emrick
1. works twelve to fourteen hours a day	☐	☐
2. works from early morning until late at night	☐	☐
3. loves the job	☐	☐
4. keeps changes of clothing in the office	☐	☐
5. showers at work	☐	☐
6. showers at the gym	☐	☐
7. doesn't take any days off	☐	☐

B. Check the statements that are true about workaholics, according to Bryan Robinson.

- ☐ 1. Anyone who works really hard is probably a workaholic.
- ☐ 2. Workaholics are similar to alcoholics in some ways.
- ☐ 3. Children of alcoholics and those of workaholics each display different symptoms.
- ☐ 4. Depression and anxiety are typical problems children of workaholics have in adulthood.

C. Circle the letter of the statement that best summarizes what each person says in the report.



1. Robin Cohen

- a. Long hours aren't a requirement for my work, but I love working hard.
- b. If I want to be successful in my work, long hours are definitely a requirement.
- c. I'd rather have more time for non-work activities, but my job is just too important.



2. Chad Emrick

- a. I wouldn't be as successful if I spent less time at work and more time with my family.
- b. I'd love to spend more time with my family, but my work demands all of my attention.
- c. I devote all my time to my job because work is the most important thing in my life.



3. Bryan Robinson

- a. Children of workaholics feel like they aren't an important part of their parents' lives.
- b. Children of workaholics can and should find professional help with their problems.
- c. Children of workaholics tend to become workaholics themselves when they become adults.