WORKSHEET Name: …… Class: 4……

Should & Shouldn't Date: …… Total:…../11

I. Look at the picture and complete the paragraph with words from the box:

chocolate	*get*	*fat*	*cigarettes*	*eat*



Hello, my name is Jim. I'm 30 years old. I'm very **(1)** …….. I smoke many **(2)**…….a day. I like sweets and **(3)**…… …

I **(4)**……too much food and I don't **(5)**…….. exercise. I weigh 80 kilograms.

What must I do ?

II. Choose the appropriate activities to complete the doctor's advice to Jim to keep fit.



Hi, Jim. I have some advice for you.

✗ eat much junk food like ice cream and chips

✔ eat more fruits and vegetables

✔ get exercises like jogging, push up or squat

✗ drink much tea, coffee and coke

✔ stop smoking

✔ drink 2 liters of water

1. You **should** ……

2. You **should** ……

3. You **should** ……

4. You **should**……

5. You **shouldn't**……

6. You **shouldn't**……

LIVEWORKSHEETS