

# Emotions -ed/-ing

## 1. Complete the definition from 1-10 with the correct adjective.

exciting/excited    terrifying/terrified  
astonishing/astonished    tiring/tired  
fascinating/fascinated  
disappointing/disappointed  
disgusting/disgusted  
frustrating/frustrated  
depressing/depressed  
interesting/interested

- 1 you want to know more about it and you give it your attention: *I was \_\_\_\_\_ in what he had to say.*
- 2 being happy, interested and hopeful because something good has happened, or is going to happen: *The kids are getting really \_\_\_\_\_ about the trip.*
- 3 very surprising: *It's \_\_\_\_\_ that you didn't know about this!*
- 4 making you feel that you want to sleep or rest: *It was a long, \_\_\_\_\_ journey.*
- 5 extremely interesting: *Istanbul is a \_\_\_\_\_ city.*
- 6 unhappy because something you hoped for did not happen: *I was \_\_\_\_\_ that I hadn't won.*
- 7 making you feel sad: *It's a very \_\_\_\_\_ book. I didn't like it at all.*
- 8 extremely unpleasant and making you feel sick: *What's that smell? It's \_\_\_\_\_!*
- 9 feeling annoyed, upset or impatient because you cannot control/change a situation: *He gets \_\_\_\_\_ when people don't understand what he's saying.*
- 10 very frightened: *I'm absolutely \_\_\_\_\_ of spiders!*

## 2. Answer the questions. Then complete the sentences from 1-6 with the suitable adjective

- 1 What makes you angry or **annoyed**?
- 2 What sorts of things do you find **relaxing**?
- 3 Do you enjoy spending time alone, or do you get **bored**?
- 4 Is there anything you are **frightened** of?
- 5 What kinds of things make you **worried**?
- 6 Have you ever been really **embarrassed**?
- 7 What makes you feel **exhausted**?
- 8 What sorts of things do you find **confusing**?
- 9 When was the last time you were **shocked** by something? What was it?
- 10 Do you find your job/hobbies **satisfying**?

## C Complete the sentences with the correct form of the adjectives above. Remember to use -ed or -ing endings.

- 1 It's very worrying watching the news at the moment. I think there's going to be another war.
- 2 I'm going to bed. I'm \_\_\_\_\_ because I've been working late every night this week.
- 3 My face went bright red when I realised what I'd said. It was really \_\_\_\_\_.
- 4 I can't watch sport on television. It's so \_\_\_\_\_ that I just go to sleep.
- 5 I don't understand the grammar. I find the rules very \_\_\_\_\_.
- 6 I go to yoga every week, because it makes me feel so \_\_\_\_\_.