

Name _____

No. _____

Class _____



Match each rhyme with the meaning

100

1. Early to bed, early to rise, make a man healthy, wealthy and wise.



2. Eat good food every day, to keep doctors away.



3. Brush your teeth twice a day, it will keep toothaches away.



4. Exercise can make you strong, it makes you bright but don't exercise too long.



5. Keep yourself both clean and neat, wash your hands before you eat.



A.
You should often clean yourself to be healthy.



B.
You should get enough exercise.



C.
You should get enough sleep, or you will be unhealthy.



D.
You should eat good food to be healthy.



E.
You should take care of your teeth.

ALMOST THERE!! OK