

Multiple Intelligence Worksheet

Write (YES) or (NO) for each statement and calculate the total number of (YES) in the score.

Section One	
	I think I know a lot of words and/or enjoy learning new words.
	I remember things when I read or make notes.
	Telling or writing stories or poetry is pleasurable.
	I like to learn foreign languages.
	I find that I read for enjoyment most days.
	I am good at word puzzles such as crosswords and anagrams.
Total score for section one	

Section Two	
	One of my favorite classes at school is/was math.
	I can easily calculate sums in my head.
	Logic puzzles are fun and a strength of mine.
	I like to solve problems in a logical, step-by-step manner.
	I enjoy playing strategy games such as chess.
	I like to organize my things into logical categories.
Total score for section two	

Section Three	
	I like to sing or play a musical instrument.
	I cannot imagine a day going by without having listened to music.
	I pick up rhythms very easily.
	I know when a person or instrument is out of tune.
	I remember song tunes and lyrics easily.
	I prefer to watch a musical rather than a play.
Total score for section three	

Section Four	
	Art is one of my favorite classes.
	I have a good sense of direction and like map reading.
	Doing puzzles or construction-type toys is one of my hobbies.
	Fashion is something I notice and care about.
	I like to play videogames.
	I remember images and faces easily.
Total score for section four	

Section Five

Exercise is an important part of my life.
I love playing physical games.
I think I have good balance and coordination.
Arts, crafts and hands-on activities appeal to me.
I enjoy watching sports games or seeing dancers perform.
I would rather play a sport than read or study.

Total score for section five

Section Six

I have a large group of friends and think that I am well liked.
My friends come to me if they are upset.
I would rather be with friends than be by myself.
I work best in a group or team setting.
I care about what is happening in the world.
Meeting new people is fun for me.

Total score for section six

Section Seven

I would rather work alone than as part of a group.
I am good at formulating and analyzing my own theories.
I enjoy writing my thoughts in a journal.
Spending a lot of time playing computer or video games alone is fun for me.
I have deep personal and moral beliefs.
I am confident of my own abilities and work well without direction.

Total score for section seven

Section Eight

I love playing with my pets or wish I had pets to play with.
I love to spend a lot of time outside enjoying nature.
When I grow up, I think I would like to work in a nature or animal related field.
Protecting the environment by recycling, conserving water, or exploring alternative sources of energy, etc., are things I believe in.
I enjoy gardening and have or would like to have flowers or vegetables to take care of.
I enjoy visiting zoos, aquariums and wildlife parks whenever I have time.

Total score for section eight

Sections	1	2	3	4	5	6	7	8
Total score (YES)								