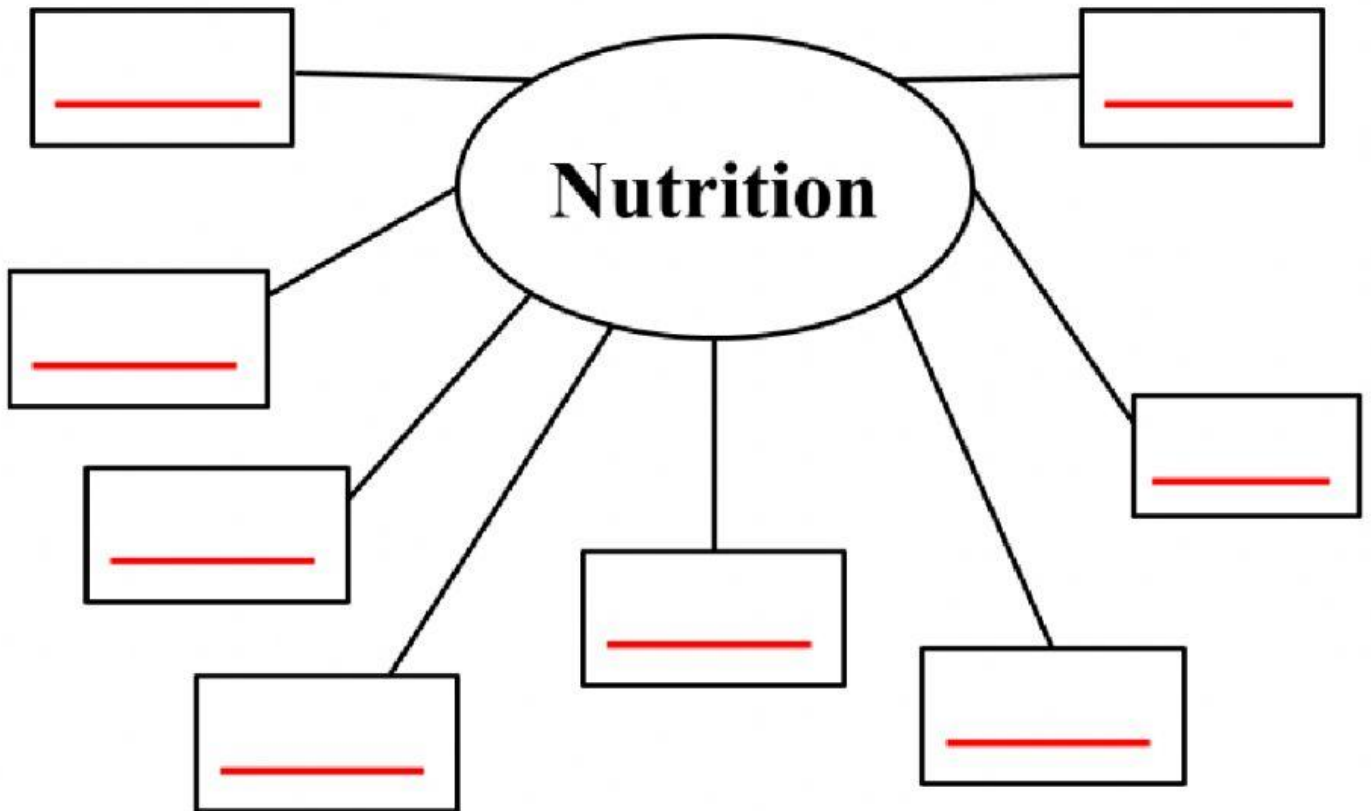


Wellness

Name: _____

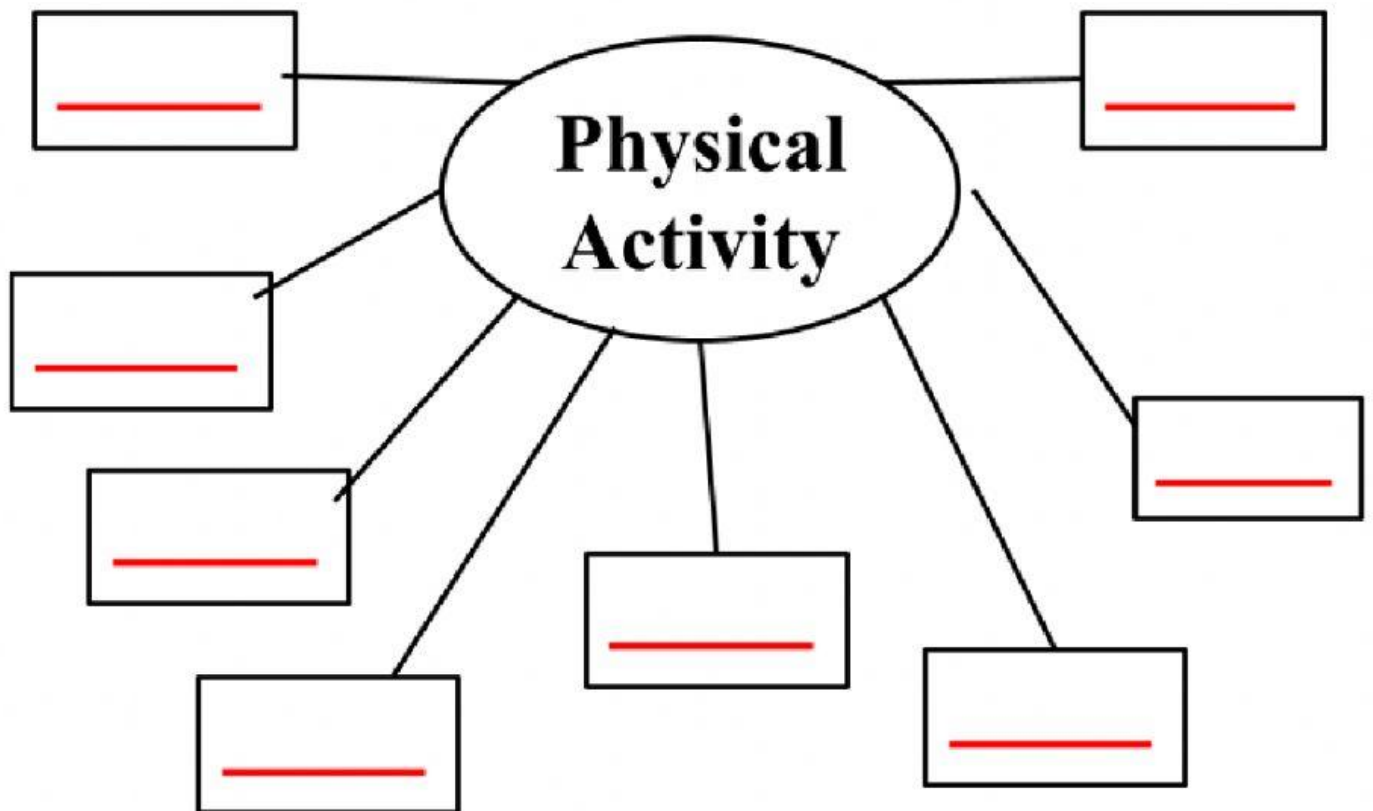
In the boxes below, **WRITE** down **FIVE** or **MORE** words that you think of
NUTRITION



Wellness

Name: _____

In the boxes below, **WRITE** down **FIVE** or **MORE** words that you think of
PHYSICAL ACTIVITY



Wellness

Name: _____

In the boxes below, **WRITE** down **FIVE** or **MORE** words that you think of
MINDFULNESS

