

Flag Football



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Basic actions and the pitch

➤ Click on the speakers to hear the different areas of the pitch.

The pitch



Fast game

Maximum action

No contact

1. Games are ____ on ____.

2. The field is ____ yards.

3. The field is divided into 4 equal ____ yards zones.

4. The offensive team has ____ to get into the next zone.

5. There's no ____ game.

6. Kick offs are thrown where the ____ occurred.

7. Games are ____ long with two thirty minutes halves.

8. The ____ is almost always running to avoid stops.

The field, the pitch = Terreny de joc

1 yard = (3 peus, 0,91 m.)

Length = Llargada

Width = Amplada

