

Bethany Hamilton



1 Read the text and put the title in the correct paragraph

Daily life - Early life - The accident

1. _____

Bethany Meilani Hamilton was born on February 8, 1990, in Lihue, Kauai, Hawaii. Her parents are Tom and Cheri. Raised in a surfing family, along with older brother Noah and Timothy, Bethany learned how to surf at an early age. She began competitive surfing at the age of 8.

2. _____

One morning of October 31, 2003, Bethany went out to surf with her best friend. While lying on her board, she suddenly felt an intense pressure on her left arm and was pulled back and forth. Although feeling no pain, she noticed the water around her had turned red; she just had suffered a shark attack. She was rushed to the hospital and after several surgeries and few days, she recovered but she lost her arm. After few month she released a book named "Soul surfer" and came back to surf.

3. _____

Bethany is an inspiration to millions and nowadays she continues surfing. Every day she wakes up very early in the morning and has a big breakfast. She eats cereals with yoghurt or toast with orange juice. After that she gets ready to her training routine.

She usually surfs one to five hours a day in two sessions. She also works out and goes to the gym. She loves outdoors activities, but in a gym she can focus so she does weight lifting. She also plays tennis and runs. She wears a swimsuit and she needs a board for surfing.

In the afternoon she comes back home and takes care of her children. She makes dinner and spends time with them. She usually eats pasta for dinner.

In her free time she plays with her children, watches films or cooks.



2

Read the text again and choose **TRUE** or **FALSE** in each sentence

A. She has 2 brothers.

TRUE

FALSE

B. She lost one arm because of a shark attack.

TRUE

FALSE

C. Nowadays, she doesn't surf.

TRUE

FALSE

D. She doesn't have children.

TRUE

FALSE

3

Read the text and complete the bubble map.

COPY on your
notebook

