

How much, how many, how often

5

Eating right

Our world

3 Listen and choose. 



1. How much milk does Anna drink every day?
a. one glass b. two glasses c. three glasses



2. How often does Anna eat vegetables?
a. once a day b. twice a day c. twice a week



3. How often does Anna exercise?
a. every day b. once a week c. three times a week



4. How many hours does Anna sleep every night?
a. ten hours b. seven hours c. nine hours

How much / How many

Choose the correct phrases / words to fill in the blanks.

1. How _____ milk do you _____ every day?

I drink two glasses of milk every day.



2. How _____ lemonade do you _____ every day?

I drink one glass of lemonade every day.



3. How _____ fruit do you _____ every day?

I eat one apple and one orange every day.



4. How _____ sweets do you _____ every day?

I don't eat sweet .



5. How _____ bars of chocolate do you _____ every day ?

I eat one bar of chocolate every day.



6. How _____ hours do you _____ every day ?

I sleep eight hours every day.



7. How _____ minutes do you _____ every day ?

I spend 30 minutes to exercise every day.



8. How _____ pocket money do you _____ in the school every day ?

I spend about RM3 and I save RM2.

